

A SUPERFOOD!

# HEMP NUTRITION!

... A POWERHOUSE

*Life Energy*  
**OMEGA 3 +  
OMEGA 6  
ESSENTIAL  
FATTY  
ACIDS**

Perfectly balanced!  
+ GLA and STA -  
unique among  
edible seed oils!

**VITAMINS!**

*rich in fat soluble A,  
D,+E; + B vitamins*

*Non-GMO...  
Allergy-Free!*



**MINERALS!**

Magnesium  
Phosphorus  
Copper  
Iron  
Calcium  
Manganese  
Zinc

*Easy to Digest, High Quality  
Plant Protein!*

**A COMPLETE  
PROTEIN -  
ALL 9  
ESSENTIAL  
AMINO  
ACIDS!**

*similar ratio as eggs  
and meat*